

# 2010 CALENDAR OF EVENTS

## **Parent/Caregiver Education:**

All workshops are free unless otherwise stated (there may be a cost for handout materials) and pre-registration is required by calling, e-mailing [khpeccs@kos.net](mailto:khpeccs@kos.net) or signing up at a playgroup near you. Child care and transportation within Picton limits may be available.

## **Triple P Seminars**

Triple P is a parenting program. Trained and accredited practitioners work with you to increase your knowledge and skill as a parent as well as teach strategies to assist you in parenting your child. The program offers help to parents who are just needing advice and information as well as to those struggling with children who may have a diagnosis and extreme behavioural issues. Register with Julie London, Triple P Coordinator at 613-968-1144 or 1-877-968-1144.

### Upcoming Seminars:

September 13, 20, 27, 6-8pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

## **How To Talk So Kids Will Listen & Listen So Kids Will Talk**

October 18, 25, November 1, 8, 15 & 22, 6-8pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

This course teaches participants how to communicate with children. You will learn skills that teach your child to understand, identify and communicate their feelings as well as develop a positive and realistic self-image. Learn to engage your child's willing cooperation, discipline without hurting, and foster a family atmosphere of love and respect. Cost is \$30 (for take-home workbook and materials).

## **Prenatal and Breastfeeding Classes**

Friday, June 4, 9am-4pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

The Health Unit, in partnership with Prince Edward Child Care Services Ontario Early Years Centre, offers an informative prenatal program. This program is a series of three weekly classes or a one day workshop. These classes provide information on having a healthy pregnancy, breastfeeding, and preparing for parenting.

On-line registration is now available. Visit [www.hpechu.on.ca](http://www.hpechu.on.ca), or call the Child Health CARELine at 613-966-5513, ext. 223. If long distance, call toll-free at 1-800-267-2803, ext. 223.

## **Kindergarten Readiness**

Thursdays, 1-3pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

For parents and their children 3-5 years. Children build language, social, reasoning and self-help skills in preparation for Kindergarten.

### Special Event during Kindergarten Readiness:

School Bus Safety Presentation

Thursday, August 26<sup>th</sup>

Your children will get to experience hands-on practice of skills taught right on the bus!

## **Kindergarten – Ready or Not, Here I Come!**

Thursday, June 17, 1-3pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

This free seminar will be facilitated by Donna Kaye, Early Literacy Specialist and is for parents of children entering Kindergarten in September. Explore tips, strategies and helpful hints to make the transition to Kindergarten smoother for your child. Find out what you can do over the summer to help your child enjoy a happy and successful start to school. Participants receive a resource package and time will be available at the end for questions.

## **Baby Club**

Wednesday of each month, 1-3pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

For parents with infants up to 18 months (siblings are welcome too). Come and enjoy stories, songs, bubbles, stories, parent resources and more. Family Health Team outreach nurse is available 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Wednesday of each month to provide information on growth and development.

## **Car Seat Inspections**

Last Tuesday of each month, 1:30-3:30pm

Prince Edward Child Care Services, 10 McFarland Court, Picton

Call 613-476-8142 or e-mail [khpeccs@kos.net](mailto:khpeccs@kos.net) to make an appointment. Please have your child with you (or know their weight and height) and bring your car seat manual if available.

## **Autism Support Group**

There will be one more workshop prior to breaking for summer -  
Sensory Integration with Chris Everdell

June 23, 5:30-8pm

Community Living Prince Edward, 67 King Street, Picton

Child care can be provided. Call Community Living Prince Edward 613-476-6038 and speak to Lee, ext. 129 or Bobbie-Jo, ext. 220.

## **Resource Consultants at Playgroups/Programs**

Community Living Prince Edward Resource Consultants

<http://clpe.on.ca/index.php> visit during playgroups/programs to offer parents information on child development and speech and language. Upcoming dates and locations are (please check playgroup schedule for times:

June 3 – OEYC

June 8 – Kente School

June 10 – Kindergarten Readiness at OEYC

June 16 – Picton Library

July 7 – Baby Club at OEYC

## Resource Consultants at Playgroups/Programs (Continued)

July 15 – CML Snider School

July 22 – Massassaga-Rednersville School

July 23 – The ROC at Macaulay Village

August 9 – Sophiasburgh School

August 11 – Busy Feet at OEYC

August 16 – Pinecrest School

August 18 – South Marysburgh School

**Special Events:** *Events are free and held at Prince Edward Child Care Services, 10 McFarland Court, Picton*

**Please note:** *Saturday playgroup time is **9-11am** unless otherwise stated*

### **Pancake Breakfast with Dad/Grandpa/Special Somone**

during playgroup (OEYC)

#### **& Indoor Yard Sale**

8am-2:30pm

Saturday, June 19

Prince Edward Child Care Services, 10 McFarland Court, Picton

Dan Ferguson stops by, during the Pancake Breakfast, for a visit and brings one of the family stock cars. Listen to the roar of the engine! Bring your camera for pictures.

### **Teddy Bear Picnic**

Saturday, July 17

Bring your favourite from home or make a teddy bear for the picnic snack! For a cost of \$15 you and your child can make a 15" real teddy bear. Registration and payment are required by June 25<sup>th</sup>.

### **Water Fun Day**

Saturday, August 21

## Special Events (Continued)

### **Fire Truck with Water Curtain**

July 6 & 20, August 3, 17 & 31, 10am

Prince Edward Child Care Services, 10 McFarland Court, Picton

The fire truck arrives during morning playgroup and provides a water curtain for the children to run and play in. Bring your child's bathing suit, a towel, and sunscreen so they can enjoy the fun!